



The Buzz

Phone: (02) 4969 3903

From the Principal

ISSUE: Term 3, Week 2 2023

Production

Most classes have started working on their performance pieces. Keep an eye out for the costume requirements note that will be coming out next week. We suggest that you source your items quickly to avoid a last-minute dash.



If your child has chosen to participate in a performance group: Choir, Senior Dance and Junior Dance, they will have received a note to demonstrate their commitment to the extra rehearsals and costume requirements.

Information about tickets will come out in our next Newsletter.

Current Staffing Changes

Mrs K. Read is currently on long service leave, with Mr Fowler continuing on 5/6R. We welcome Mrs Carrigan into the rel. Assistant Principal role for the next 3 weeks. The executive team are excited to have her onboard.

We also welcome back Miss Brown on Wednesdays, returning from maternity leave. She will enjoy working with small groups of primary students for mathematics extension.

2023 Book Week Parade and Fair



#CBCA2023



This year's theme is Read Grow Inspire. Children love celebrating book week by dressing up and parading in their costume. Our Book Parade will be held on Thursday 3rd August, starting at 9.15am.

Year 5 & 6 will be hosting a cake stall; we ask that donations be brought to the cake table the morning of the parade. Mrs van Gessel and Mrs Anderson will be hosting the Book Fair in front of 5/6R where you can browse and purchase gorgeous books from scholastic. Our library leaders will be hosting a small 2nd handbook table where children can purchase books for a gold coin donation. We are seeking more donations of 2nd hand books, therefore, if you have any laying around the house that you want to donate, please bring them to the front office.



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Attendance

Families wishing to take extended holidays need to apply for a travel exemption. Forms can be accessed online or via the front office. It is a requirement that absences are justified/explained within 7 days.

| NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

education.nsw.gov.au



Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

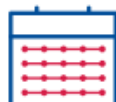
they miss weeks per year

and years over their school life

1 day per fortnight
M T W T F
M T W T F

=

4 weeks



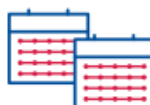
=

Over **1** year missed

1 day per week
M T W T F
M T W T F

=

8 weeks



=

Over **2.5** years missed

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Jon Madin

The extraordinary Jon Madin led a musical incursion where children investigated and played homemade instruments. They learnt about notations, keys, rhythm and beat.



Lost property

We have a huge amount of “no name” jumpers in lost property. Please check the lost property box.



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Contact and medical information

Please ensure that all contact and medical information is all up to date for your child in the front office.

P&C Update

The next P&C Meeting is scheduled for Wednesday 2 August with zoom and face-to face options for attendance available.

Steve Bernie

The rock band are looking for donations from the community of instruments/equipment to use. If anyone has any of the following that they are willing to lend or donate to us: right-handed electric guitar; bass guitar; keyboard; guitar/keyboard amp; kick drum pedal; preferably in good working (or easily repairable) condition, please contact Steve on 0488 128 587. Thanks!

Good for kids
good for life



Screen free sleep

Did you know that the amount of time your child spends in front of screens can affect how quickly they fall asleep and the duration of their sleep?

It's crucial for your child to have sufficient, high-quality sleep to support their learning, play, and concentration, especially at school.

To minimize the impact of screen time on sleep:

- Avoid using digital screens within an hour before bedtime.
- Encourage your child to engage in activities like reading, drawing, or quiet play.
- Encourage your child to replace screentime with outdoor physical activity or play.



Source: Screen time and digital technology use:
how it affects child and teenage sleep
(raisingchildren.net.au)

HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Developed by Hunter New England LHD



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.



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Term 3 Calendar

July/August Week 3	31	1	2 P&C Meeting 6pm	3 Book Fair Parade	4 Debate IPS vs MEPS Assembly 9.15
August Week 4	7	8	9	10 PSSA Basketball Gala Nina -Artist working with 4/5	11 Zone Athletics Assembly 9.15
August Week 5	14 Water Safety Incursion	15	16 Heroes for homelessness (Dress Up)- Gold coin	17	18 Debate IPS vs IPS
August Week 6	21	22	23 Brave to Be – Stage 3 incursion	24	25 Assembly 9.15
August Week 7	28	29	30	31	1 Regional Athletics Assembly 9.15
September Week 8	4 Year 6 Check in survey window opens	5	6	7 Orientation- Parent Info Night 5pm	8 Assembly 9.15
September Week 9	11	12	13	14	15 Assembly 9.15
September Week 10	18	19 Rehearsal day- JHS	20 School Production- JHS	21	22